

Table S2

	Pre	2 hour	2.5 hour	3 hour	3.5 hour	4 hour	5 hour	6 hour
Mean	11.70	11.00	11.40	11.68	12.12	11.64	11.54	11.26
SD	1.117	1.221	.9902	.7587	1.117	1.225	1.324	1.472