

Table S5

		Non synchronized	L-D synchronized	M-N synchronized	F-L synchronized		
					2 hr	3 hr	5 hr
Before cyclo	Mean	11.54	10.42	11.36	10.56	11.83	11.46
	SD	1.401	0.871	1.188	1.444	0.863	1.474
After cyclo	Mean	5.600	4.191	4.513	5.409	6.162	6.156
	SD	1.583	0.837	0.917	1.408	1.097	1.54